

Abbey Farm Term 1 Dairy Free

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE



Tasty

Nutritious

Delicious

Fresh



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Red	Pitta Pizza Served with Cous Cous and Fresh Mixed Salad	Chilli Con Carne Served With Steamed Rice and Sweetcorn	Chicken and Tomato Pasta Served with Seasonal Vegetables	Sausage and Bean Pie Served with Mashed Potato and Broccoli	Oven Baked Fish Fillet Served with Oven Fries and Peas
Hot Green Vegetarian	Pitta Pizza Served with Cous Cous and Fresh Mixed Salad	Chilli Non Carne Served With Steamed Rice and Sweetcorn	Vegan Cheese and Tomato Pasta Served with Seasonal Vegetables	Ratatouille Served with Mashed Potato and Broccoli	Nut free Pesto Pasta Served with Peas
Jacket	Hot Jacket Potato Served Daily with Veg & Filled with a choice of Baked Beans or Vegan Cheese				
Sandwich Option	Freshly Prepared rolls made daily Served with a choice of fillings from Ham or Vegan Cheese Served with Vegetable Sticks and Tortilla Chips				
Homemade Dessert	Plant Based Ice Cream with Fruit Cocktail Fresh fruit Yoghurt	Apple Crumble Fresh Fruit Yoghurt	Raspberry Jelly Fresh Fruit Yoghurt	Cherry Shortbread Fresh Fruit Yoghurt	Fruit Scone Fresh Fruit Yoghurt

Contact the Office for all Dietary and Allergy related questions.