Abbey Farm Term 2 Gluten Free

# LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE





Tasty

Nutritious

Delicious

Fresh

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|---|
| Hot Red | | Beef Bolognaise<br>Served With Gluten free Pasta And Seasonal Vegetables | Chicken Korma<br>Served with Steamed Rice And Carrots | Butcher Sausage's<br>Served with Cous Cous And Fresh Salad | Oven Baked Gluten free Fish Fingers<br>Served with Herby Diced Potatoes and Peas |
| Hot Green Vegetarian | Mashed Potato topped Lentil and Cheese Pie<br>Served with Broccoli | Seven Vegetable Gluten free Pasta<br>Served With Seasonal Vegetables | Butternut Squash Curry<br>Served with Steamed Rice And Carrots | | |
| Jacket | Hot Jacket Potato Served Daily with Veg & Filled with a choice of Baked Beans or Cheese | | | | |
| Sandwich Option | Freshly Prepared Gluten free Sandwich made daily<br>Served with a choice of fillings from<br>Ham or Cheese<br>Served with<br>Vegetable Sticks and Tortilla Chips | | | | |
| Homemade Dessert | Ice Cream with Fruit Cocktail<br>Fresh fruit<br>Yoghurt | Mixed Fruit Bowls<br>Yoghurt | Gluten free Cupcake<br>Fresh Fruit<br>Yoghurt | Mixed Fruit Bowls<br>Yoghurt | Gluten free Cupcake<br>Fresh Fruit<br>Yoghurt |





Contact the Office for all Dietary and Allergy related questions.

Educate Together Academy Trust