Abbey Farm Term 5 Gluten Free

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE

Tasty

Nutritious

Delicious

Fresh

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Red		Homemade Italian Chicken Served With Penne Pasta and Carrots	Freshly Baked Jacket Potato Filled with Cheese or Beans Served with Vegetable Sticks	Homemade Butter Chicken Curry Served with Steamed Rice and Broccoli	Oven Baked Gluten Free Fish Finger Served with Oven Chips and Peas
Hot Green Vegetarian	Homemade Veggie Frittata Served with Fresh Mixed Salad			Homemade Butternut Curry Served with Steamed Rice and Broccoli	Veggie Sausages Served with Oven Chips and Peas
Jacket	Hot Jacket Potato Served Daily with Veg & Filled with a choice of Baked Beans or Cheese				
Sandwich Option	Freshly Made GF Roll Filled with Ham or Cheese Served with Veg Sticks and Tortilla Chips	Freshly Made GF Roll Filled with Ham or Cheese Served with Veg Sticks and Tortilla Chips	Freshly Made GF Roll Filled with Ham or Cheese Served with Veg Sticks and Tortilla Chips	Freshly Made GF Roll Filled with Ham or Cheese Served with Veg Sticks and Tortilla Chips	Freshly Made GF Roll Filled with Ham or Cheese Served with Veg Sticks and Tortilla Chips
Dessert	Ice Cream with Fruit Cocktail Fresh fruit Yoghurt	Homemade GF Cupcake Fresh Fruit Yoghurt	Homemade GF Brownie Fresh Fruit Yoghurt	Homemade Eton Mess Fresh Fruit Yoghurt	Homemade GF Cupcake Fresh Fruit Yoghurt

Contact the Office for all Dietary and Allergy related questions.

Educate Together Academy Trust