

# LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE



Tasty

Nutritious

Delicious

Fresh



|                      | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|----------------------|--|--|--|--|--|
| Hot Red              | <p>Margherita Pizza</p> <p>Served with Fresh Mixed Salad and Onion Rings</p>                 | <p>Homemade Italian Chicken</p> <p>Served With Penne Pasta and Carrots</p>                   | <p>Homemade Halal Sausage, Bean and Cheese Pastry Slice</p> <p>Served with Cous Cous and Green Beans</p> | <p>Homemade Butter Chicken Curry</p> <p>Served with Steamed Rice and Broccoli</p>            | <p>Oven Baked Jumbo Fish Finger</p> <p>Served with Oven Chips and Peas</p>                   |
| Hot Green Vegetarian | <p>Homemade Cheese and Onion Quiche</p> <p>Served with Fresh Mixed Salad</p>                 | <p>Homemade Veggie Frittata</p> <p>Served With Herby Potatoes and Carrots</p>                | <p>Homemade Cheese and Bean Pastry Slice</p> <p>Served with Cous Cous and Green Beans</p>                | <p>Homemade Butternut Curry</p> <p>Served with Steamed Rice and Broccoli</p>                 | <p>Veggie Hotdog</p> <p>Served with Oven Chips and Peas</p>                                  |
| Jacket               | Hot Jacket Potato Served Daily with Veg & Filled with a choice of Baked Beans or Cheese      |  |  |  |  |
| Sandwich Option      | <p>Freshly Made Roll Filled with Cheese</p> <p>Served with Veg Sticks and Tortilla Chips</p> | <p>Freshly Made Roll Filled with Cheese</p> <p>Served with Veg Sticks and Tortilla Chips</p> | <p>Freshly Made Roll Filled with Cheese</p> <p>Served with Veg Sticks and Tortilla Chips</p>             | <p>Freshly Made Roll Filled with Cheese</p> <p>Served with Veg Sticks and Tortilla Chips</p> | <p>Freshly Made Roll Filled with Cheese</p> <p>Served with Veg Sticks and Tortilla Chips</p> |
| Dessert              | <p>Ice Cream with Fruit Cocktail</p> <p>Fresh fruit</p> <p>Yoghurt</p>                       | <p>Homemade Banoffee Pie</p> <p>Fresh Fruit</p> <p>Yoghurt</p>                               | <p>Homemade Vanilla Fork Biscuit</p> <p>Fresh Fruit</p> <p>Yoghurt</p>                                   | <p>Homemade Eton Mess</p> <p>Fresh Fruit</p> <p>Yoghurt</p>                                  | <p>Homemade Marshmallow Treat</p> <p>Fresh Fruit</p> <p>Yoghurt</p>                          |

Contact the Office for all Dietary and Allergy related questions.