

# LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE



Tasty

Nutritious

Delicious

Fresh



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Red	Homemade Vegan Cheese and Bean Quesadilla Served with Steamed rice and Carrots	Homemade Popcorn Chicken Served With Cous Cous and Green Beans	Roast Chicken Served with Roast Potatoes, Cauliflower, Broccoli and Gravy	All Day Brunch Butchers Sausage, Bacon, Hash Brown and Baked Beans	Oven Baked Jumbo Fish Finger Served with Mashed Potato and Beans
Hot Green Vegetarian	Homemade Vegetarian Burrito Served with Steamed Rice and Carrots	Homemade Veg Samosa Puff Served With Cous Cous and Green Beans	Roast Quorn Fillet Served with Roast Potatoes, Cauliflower, Broccoli and Gravy	All Day Brunch Quorn Sausages, Hash Brown and Baked Beans	Homemade Bean Burger Served with Mixed Salad
Jacket	Hot Jacket Potato Served Daily with Veg & Filled with a choice of Baked Beans or Vegan Cheese				
Sandwich Option	Freshly Made Roll Filled with Ham or Vegan Cheese Served with Veg Sticks and Tortilla Chips	Freshly Made Roll Filled with Ham or Vegan Cheese Served with Veg Sticks and Tortilla Chips	Freshly Made Roll Filled with Ham or Vegan Cheese Served with Veg Sticks and Tortilla Chips	Freshly Made Roll Filled with Ham or Vegan Cheese Served with Veg Sticks and Tortilla Chips	Freshly Made Roll Filled with Ham or Vegan Cheese Served with Veg Sticks and Tortilla Chips
Dessert	Plant Based Ice Cream with Fruit Cocktail Fresh fruit	Homemade Granola Bar Fresh Fruit	Homemade Sprinkle Cake Fresh Fruit	Watermelon Slice Fresh Fruit	Homemade Cinnamon Biscuit Fresh Fruit