

LUNCH MENU

EAT WELL - FEEL BETTER - LEARN MORE



Tasty

Nutritious

Delicious

Fresh



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Red	Oven Baked Fish Fillet Served with Oven Chips and Peas	Homemade Sweet and Sour Halal Chicken Served With Steamed Rice and Green Beans			Homemade BBQ Halal Chicken Served with Potato Wedges and Carrots
Hot Green Vegetarian	Oven Baked Chicken Style Nuggets Served with Oven Chips and Peas	Homemade Sweet and Sour Quorn Served With Steamed Rice and Green Beans	Homemade Margaritta Pizza Served with Fresh Mixed Salad and Couscous	Homemade Seven Vegetable Pasta Served with Garlic Bread and Broccoli	Homemade Cheese and Onion Quiche Served with Fresh Salad
Jacket	Hot Jacket Potatoes Served Daily with Veg & Filled with a choice of Tuna Mayo, Baked Beans or Cheese				
Sandwich Option	Freshly Prepared Sandwich with Cheese/Jam Served with Tortilla Chips and Veg Sticks	Freshly Prepared Sandwich with Cheese/Jam Served with Tortilla Chips and Veg Sticks	Freshly Prepared Sandwich with Cheese/Jam Served with Tortilla Chips and Veg Sticks	Freshly Prepared Sandwich with Cheese/Jam Served with Tortilla Chips and Veg Sticks	Freshly Prepared Sandwich with Cheese/Jam Served with Tortilla Chips and Veg Sticks
Dessert	Ice Cream with Fruit Cocktail Fresh fruit Yoghurt	Homemade Chocolate Shortbread Fresh Fruit Yoghurt	Fresh Fruit Salad Fresh Fruit Yoghurt	Homemade Jam and Coconut Cake Fresh Fruit Yoghurt	Angel Delight Fresh Fruit Yoghurt